

# **Summary of** Benefits 2025

**UHC Dual Complete NY-Q001 (HMO-POS D-SNP)** H3387-015-002

Look inside to learn more about the plan and the health and drug services it covers. Contact us for more information about the plan.



UHC.com/CommunityPlan



Toll-free **1-844-560-4944**, TTY **711** 

8 a.m.-8 p.m. local time, 7 days a week

United Healthcare<sup>®</sup> **Dual Complete** 

# **Summary of Benefits**

## January 1, 2025 - December 31, 2025

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at **MyUHC.com/ CommunityPlan** or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.

## **UHC Dual Complete NY-Q001 (HMO-POS D-SNP)**

Medical premium, deductible and limits		
Monthly plan premium	\$0	
Annual medical deductible	This plan does not have a medical deductible.	
Maximum out-of-pocket amount (does not include prescription drugs)	\$0	
	This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from network providers.	

Medical benefits		
Inpatient hospital of Our plan covers an	care <sup>2</sup> unlimited number of	\$0 copay per stay
days for an inpatien	t hospital stay.	
Outpatient hospital	Ambulatory surgical center (ASC) <sup>2</sup>	\$0 copay
	Outpatient hospital, including surgery <sup>2</sup>	\$0 copay
	Outpatient hospital observation services <sup>2</sup>	\$0 copay
Doctor visits	Primary care provider	\$0 copay
	Specialists <sup>2</sup>	\$0 copay

Medical benefits			
	Virtual medical visits		with a network telehealth provider re audio and video
Preventive	Routine physical	\$0 copay, 1 per y	/ear
services	Medicare-covered	\$0 copay	
	<ul> <li>□ Abdominal aort screening</li> <li>□ Alcohol misuse</li> <li>□ Annual wellness</li> <li>□ Bone mass mea</li> <li>□ Breast cancer s (mammogram)</li> <li>□ Cardiovascular (behavioral ther</li> <li>□ Cardiovascular</li> <li>□ Cervical and vascreening</li> <li>□ Colorectal cand (colonoscopy, fitest, flexible sig</li> <li>□ Depression screening</li> <li>□ Diabetes screen monitoring</li> <li>□ Hepatitis C screening</li> <li>□ Hepatitis C screening</li> </ul>	counseling s visit asurement creening disease rapy) screening ginal cancer eer screenings ecal occult blood moidoscopy) eening nings and	<ul> <li>□ Lung cancer with low dose computed tomography (LDCT) screening</li> <li>□ Medical nutrition therapy services</li> <li>□ Medicare Diabetes Prevention Program (MDPP)</li> <li>□ Obesity screenings and counseling</li> <li>□ Prostate cancer screenings (PSA)</li> <li>□ Sexually transmitted infections screenings and counseling</li> <li>□ Tobacco use cessation counseling (counseling for people with no sign of tobaccorelated disease)</li> <li>□ Vaccines, including those for the flu, Hepatitis B, pneumonia, or COVID-19</li> <li>□ "Welcome to Medicare" preventive visit (one-time)</li> </ul>
	contract year will be	covered. ventive care scree	enings and annual physical exams at ers.
Emergency care	\$0 copay (worldwide) per visit. If you are admitted to the hospital within 24 hours, you pay the inpatient hospital copay instead of the Emergency Care copay See the "Inpatient Hospital Care" section of this booklet for other costs.		n 24 hours, you pay the inpatient stead of the Emergency Care copay. It Hospital Care" section of this
Urgently needed se	ervices	\$0 copay (worldv	vide) per visit

Medical benefits		
Diagnostic tests, lab and radiology services, and X- rays	Diagnostic radiology services (e.g. MRI, CT scan) <sup>2</sup>	\$0 copay
	Lab services <sup>2</sup>	\$0 copay
	Diagnostic tests and procedures <sup>2</sup>	\$0 copay
	Therapeutic radiology <sup>2</sup>	\$0 copay
	Outpatient X-rays <sup>2</sup>	\$0 copay
Hearing services	Exam to diagnose and treat hearing and balance issues <sup>2</sup>	\$0 copay
	Routine hearing exam	\$0 copay, 1 per year
	Hearing aids <sup>2</sup>	<ul> <li>\$1,500 allowance every year for 2 hearing aids</li> <li>A broad selection of over-the-counter (OTC) and brand-name prescription hearing aids</li> <li>Access to one of the largest national networks of hearing professionals with more than 7,000 locations</li> <li>3-year manufacturer warranty on all prescription hearing aids covers a trial period and damage or repair during warranty period</li> </ul>
Routine dental benefits  Covered innetwork and outof-network.	Preventive and comprehensive <sup>2</sup>	\$0 copay for covered preventive and comprehensive services like cleanings, fillings and crowns  No annual deductible Access to one of the largest national dental networks Freedom to see any dentist
Vision services	Exam to diagnose and treat diseases and conditions of the eye <sup>2</sup>	\$0 copay
	Eyewear after cataract surgery	\$0 copay

Medical benefits		
	Routine eye exam	\$0 copay, 1 per year
	Routine eyewear	\$0 copay Plan pays up to \$200 every year for 1 pair of lenses/ frames and contacts
Mental health	Inpatient visit <sup>2</sup> Our plan covers 90 days for an inpatient hospital stay	\$0 copay per stay
	Outpatient group therapy visit <sup>2</sup>	\$0 copay
	Outpatient individual therapy visit <sup>2</sup>	\$0 copay
	Virtual mental health visits	\$0 copay to talk with a network telehealth provider online through live audio and video
Skilled nursing fac	cility (SNF) <sup>2</sup>	\$0 copay per day: days 1-100
Our plan covers up SNF.	to 100 days in a	
Outpatient rehabilitation services	Physical therapy and speech and language therapy visit <sup>2</sup>	\$0 copay
	Occupational Therapy Visit <sup>2</sup>	\$0 copay
	Virtual medical visits	\$0 copay to talk with a network telehealth provider online through live audio and video
Ambulance <sup>2</sup>		\$0 copay for ground
Your provider must authorization for no transportation.	•	\$0 copay for air
Routine transporta	etion	Not covered

Medical benefits		
Medicare Part B prescription drugs	Chemotherapy drugs <sup>2</sup>	\$0 copay
	Part B covered insulin <sup>2</sup>	\$0 copay
	Other Part B drugs <sup>2</sup>	\$0 copay
	Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.	

## Good news for 2025

The Coverage Gap, or "donut hole", has been eliminated and your out-of-pocket maximum cost is lower than ever. That means you're more protected from high drug costs in 2025.

Prescription drugs	
Deductible	\$0
Initial Coverage	30-day^ or 100-day supply from a retail or mail order network pharmacy
All covered drugs <sup>3</sup>	\$0 copay (Some covered drugs are limited to a 30-day supply)

<sup>^</sup>Members living in long-term care facilities pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.

<sup>&</sup>lt;sup>3</sup> You will pay a maximum of \$0 for each 1-month supply of Part D covered insulin drugs.

Additional benef	Additional benefits		
Acupuncture services	Routine acupuncture services	\$0 copay, 12 visits per year	
Chiropractic services	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>2</sup>	\$0 copay	

Additional benefits			
	Routine chiropractic services	\$0 copay, 6 visits per year	
Diabetes management	Diabetes monitoring	\$0 copay	
	supplies <sup>2</sup>	We only cover Accu-Chek® and OneTouch® brands.	
		Covered glucose monitors include: OneTouch Verio Flex®, OneTouch® Ultra 2, Accu-Chek® Guide Me and Accu-Chek® Guide.	
		Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Aviva Plus and Accu-Chek® SmartView.	
		Other brands are not covered by your plan.	
	Diabetes self- management training	\$0 copay	
	Therapeutic shoes or inserts <sup>2</sup>	\$0 copay	
Durable medical equipment (DME) and related supplies	DME (e.g., wheelchairs, oxygen) <sup>2</sup>	\$0 copay	
	Prosthetics (e.g., braces, artificial limbs) <sup>2</sup>	\$0 copay	
Fitness pro	gram	\$0 copay Your fitness program helps you stay active and connected at the gym, from home or in your community. It's available to you at no cost and includes:	
		<ul> <li>Free gym membership</li> <li>Access to a large national network of gyms and fitness locations</li> <li>On-demand workout videos and live streaming fitness classes</li> <li>Online memory fitness activities</li> </ul>	
Foot care (podiatry services)	Foot exams and treatment <sup>2</sup>	\$0 copay	

Additional benefits			
	Routine foot care	\$0 copay, 4 visits per year	
Meal benefit <sup>2</sup>		\$0 copay for 28 home-delivered meals immediately after an inpatient hospitalization or skilled nursing facility (SNF) stay	
Home health care <sup>2</sup>		\$0 copay	
Hospice		You pay nothing for hospice care from any Medicare- approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.	
Opioid treatment p	rogram services <sup>2</sup>	\$0 copay	
Outpatient substance use	Outpatient group therapy visit <sup>2</sup>	\$0 copay	
disorder services	Outpatient individual therapy visit <sup>2</sup>	\$0 copay	
Food, over-	the-counter (OTC)	\$35 credit every month to pay for OTC products, healthy food and utility bills	
	0.00	Choose from thousands of OTC products, like first aid, pain relievers and more	
		Buy healthy foods like fruits and vegetables, meat, seafood, dairy products and water	
		□Pay home utility bills like electricity, heat, water and internet	
		Shop at thousands of participating stores, including Walmart, Walgreens, Dollar General and Kroger, or at neighborhood stores near you	
Renal dialysis <sup>2</sup>		\$0 copay	

 $<sup>^{\</sup>rm 2}$  May require your provider to get prior authorization from the plan for in-network benefits.

<sup>\*</sup>Benefits are combined in and out-of-network

### **Medicaid Benefits**

Information for people with Medicare and Medicaid. Your services are paid first by Medicare and then by Medicaid.

The benefits described below are covered by Medicaid. You can see what New York State Department of Health covers and what our plan covers.

Coverage of the benefits depends on your level of Medicaid eligibility. If Medicare doesn't cover a service or a benefit has run out, Medicaid may help, but you may have to pay a cost share. In some situations, Medicaid may pay your Medicare cost sharing amount. See your Medicaid Member Handbook for more details. If you have questions about your Medicaid eligibility and what benefits you are entitled to, call New York State Department of Health, 1-800-541-2831.

Benefits	Medicaid	UHC Dual Complete NY- Q001 (HMO-POS D- SNP)
Inpatient Hospital Care	Covered	Covered
Doctor Office Visits	Covered	Covered
Preventive Care	Covered	Covered
Emergency Care	Covered	Covered
<b>Urgently Needed Services</b>	Covered	Covered
Diagnostic Tests Lab and Radiology Services and X-Rays	Covered	Covered
Hearing Services	Covered	Covered
Dental Services Limitations	Covered	Covered
Vision Services Limitations	Covered	Covered
Inpatient Mental Health Care	Covered	Covered
Mental Health Care	Covered	Covered
Skilled Nursing Facility (SNF)	Covered	Covered
Ambulance	Covered	Covered
Transportation (Routine)	Covered	Not covered
Prescription Drug Benefits	Covered	Covered
Chiropractic Care Limitations	Covered	Covered
Diabetes Supplies and Services Limitations	Covered	Covered
Durable Medical Equipment Limitations	Covered	Covered

Benefits	Medicaid	UHC Dual Complete NY- Q001 (HMO-POS D- SNP)
Foot Care Limitations	Covered	Covered
Home Health Care	Covered	Covered
Hospice	Covered	Covered
<b>Outpatient Hospital Services</b>	Covered	Covered
Renal Dialysis	Covered	Covered
Prosthetic Devices Limitations	Covered	Covered

## **About this plan**

UHC Dual Complete NY-Q001 (HMO-POS D-SNP) is a Medicare Advantage HMOPOS plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

This plan is a Dual Eligible Special Needs Plan (D-SNP) for people who have both Medicare and Medicaid, and don't pay anything for covered medical services. How much Medicaid covers depends on your income, resources, and other factors. Some people get full Medicaid benefits.

Your eligibility to enroll in this plan depends on your type of Medicaid.

You can enroll in this plan if you are in one of these Medicaid categories:

 Qualified Medicare Beneficiary (QMB): You get Medicaid coverage of Medicare cost-share but are not eligible for full Medicaid benefits. Medicaid pays your Part A and Part B premiums, deductibles, coinsurance, and copayment amounts only for Medicare covered services. You pay nothing, except for Part D prescription drug copays.

If your category of Medicaid eligibility changes, your cost share may also increase or decrease. You must recertify your Medicaid enrollment to continue to receive your Medicare coverage.

Our service area includes these counties in:

New York: Bronx, Kings, Nassau, New York, Queens, Richmond, Suffolk.

## Use network providers and pharmacies

UHC Dual Complete NY-Q001 (HMO-POS D-SNP) has a network of doctors, hospitals, pharmacies and other providers. For routine dental services, you can use providers that are not in our network. If you use pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to **UHC.com/CommunityPlan** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

## **Required Information**

UHC Dual Complete NY-Q001 (HMO-POS D-SNP) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

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UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-800-514-4912 for additional information (TTY users should call 711). Hours are 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-800-514-4912, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m.: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

聯合健康保險提供免費服務以協助您與我們溝通。例如:其他語言版本、盲人點字、大字體、語音內容,或者,您可申請口譯員。如需其他資訊,請聯絡我們的客戶服務部,電話號碼 1-800-514-4912 (聽力語言殘障服務專線 (TTY) 使用者請撥 711)。服務時間上午 8 時至晚上 8 時:10 月至 3 月每週 7天;4 月至 9 月週一至週五。

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

### **Hearing aids**

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

#### **Routine dental benefits**

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network size may vary by local market.

#### Fitness program

Participation in the fitness program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. The fitness program includes standard fitness membership and other offerings. Fitness membership equipment, classes, activities and events may vary by location. Certain services, discounts, classes, activities, events and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services is subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor.

Gym network may vary in local market and plan.

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features, is offered for informational purposes and to educate users on brain health care and medical issues that may affect their daily lives. Staying Sharp is based on a holistic, lifestyle approach to brain health that encourages users to incorporate into their daily lives activities that are associated with general wellness. Nothing in the service should be considered, or used as a substitute for, medical advice, diagnosis, or treatment. Features including the Cognitive Assessment and Lifestyle Check-Ins, Additional Tests, exercises, and challenges assess performance at a particular moment in time on certain discrete cognitive tasks. Staying Sharp games are intended for entertainment and recreational purposes only. Various factors may affect performance, including sleep, tiredness, focus, and other social, environmental, or emotional factors. Performance is not indicative of cognitive health and not predictive of future performance or medical conditions.

### Food, over-the-counter (OTC) and utility bill credit

Food, OTC and utility benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information.

Eligibility for healthy food, utilities and \$0 copay for Rx benefits under the Value-Based Insurance Design model is limited to members with Extra Help from Medicare, and will be verified after enrollment.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Optum® Home Delivery Pharmacy and Optum Rx are affiliates of UnitedHealthcare Insurance Company. You are not required to use Optum Home Delivery Pharmacy for medications you take regularly. If you have not used Optum Home Delivery Pharmacy, you must approve the first prescription order sent directly from your doctor to the pharmacy before it can be filled. Prescriptions from the pharmacy should arrive within 5 business days after we receive the complete order. There may be other pharmacies in our network.

#### **Rewards Program**

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.